

REPORT/RECOMMENDATION TO THE BOARD OF SUPERVISORS
OF SAN BERNARDINO COUNTY, CALIFORNIA
AND RECORD OF ACTION

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March 23, 2004

FROM: Rudy Lopez, Director
Department of Behavioral Health

SUBJECT: CONTRACT FOR PILOT PROJECT TO PROVIDE ALCOHOL AND DRUG
RESIDENTIAL RECOVERY SERVICES TO CLIENTS WITH CO-OCCURRING
DISORDERS

RECOMMENDATION: Approve Contract with Social Science Services, Inc. (DBA Cedar House Rehabilitation Center) to provide alcohol and drug residential recovery services for a total amount not to exceed \$974,400 for the period March 23, 2004 through June 30, 2005.

BACKGROUND INFORMATION: Approval of this item will allow the Department of Behavioral Health (DBH), in collaboration with Cedar House to provide residential and comprehensive therapeutic treatment services to individuals who are experiencing substance abuse and mental health disorders (co-occurring disorders).

Historically, DBH has referred persons with co-occurring disorders to facilities licensed for residential substance abuse recovery services or to specialized mental health board and care homes (such as augmented board and care facilities) that employ staff trained in alcohol and drug services. On April 24, 2001, the Board of Supervisors (BOS) authorized release of a Request for Proposals (RFP) for augmented board and care services, which included requests for co-occurring disorder residential treatment services. DBH did not receive any proposals in response to that RFP.

Since that time, attempts have been made to treat these individuals in existing programs such as Augmented Board and Care Homes, outpatient programs, and drug and alcohol facilities without a specialized program. Although these facilities provide some care for those with co-occurring disorders, there is not a true melding of systems into a coordinated system of care. The services needed for dually diagnosed persons in San Bernardino County include placement at a licensed residential recovery facility that could also become certified for Medi-Cal mental health services.

On October 28, 2003, the Board of Supervisors authorized the release of a Request for Proposals (RFP) to explore the potential availability of services of co-occurring disorder residential treatment services for residents of the San Bernardino, Central Valley, and Desert areas of the County. The RFP was posted on the County of San Bernardino's Internet site and mailed to thirty-two (32) organizations that had expressed an interest in providing the types of services requested. The RFP was also advertised in major daily newspapers in San Bernardino and Riverside Counties and smaller publications targeting minority groups.

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A mandatory Proposer's conference was held and eight agencies were represented. The following table represents the four agencies that submitted proposals and the proposed daily bed cost.

Agency	Proposed Daily Bed Cost and Number of Residential Beds
Jericho Outreach, Inc.	\$64.00 per day for 6 residential beds (males only)
New House, Inc.	\$83.00 per day for 20 beds (co-ed)
Redlands Yucaipa Guidance Clinic Association, Inc.	\$72.18 per day for 40 beds (co-ed) for FY 03/04 and \$58.25 per day for 40 beds (co-ed) for FY 04/05
Social Science Services, Inc. (DBA Cedar House Rehabilitation Center).	\$76.20 per day for 20 residential beds (co-ed) for FY 03/04

The proposals were evaluated and ranked by a four-member review team that included representatives from the Alcohol and Drug Substance Advisory Committee, Mental Health Commission and the Department of Behavioral Health. Evaluations were based on the following criteria: cost of service(s), geographical proximity of Proposer in respect to proposed area to be served, ability to perform medically monitored detoxification, experience in providing similar services, program philosophy, services and strategies, ability to serve proposed population and staffing levels

Based on their ability to meet the needs of the County, Redlands Yucaipa Guidance Clinic Association, Inc. and Social Science Services, Inc. (DBA Cedar House Rehabilitation Center) were recommended for a contract to provide services. During the contract negotiation process, it was discovered that Redlands Yucaipa Guidance Clinic Association, Inc. did not have a licensed and certified facility to provide the required program services. Redlands Yucaipa Guidance Clinic Association, Inc. was advised that a licensed and certified facility would have to be obtained by February 10, 2004. The agency did not meet this requirement; therefore, DBH has elected to only contract with Social Science Services, Inc. (DBA Cedar House Rehabilitation Center) who successfully completed all of the negotiation requirements of increasing the number of clients to be served to 30 and reducing the daily bed cost to \$70.00 per day.

Jericho Outreach, Inc. and New House, Inc. were not successful in the procurement process and were not recommended for a contract award for one or more of the following reasons: high cost for services, proposal failed to meet the needs of the target population and program services were not clearly identified. These two agencies were notified by mail that a protest could be filed by December 30, 2003. No protests were received.

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Funding for this program is provided by the Substance Abuse and Mental Health Service Administration (SAMHSA). Since 1998, the County has submitted an annual application. In September 2003, the department received an allocation in the amount of \$525,000 to establish a co-occurring disorder program to commence in November 2003. However, the time to develop and release a RFP and conduct the procurement process necessitated that the delivery of program services be delayed until March 2004. The final amount allocated for the co-occurring disorder program for FY 2003-2004 is \$207,900. The expected allocation for FY 2004-2005 is \$766,500 and should be received by June 2004.

Approval of this contract will provide a residential drug and alcohol free program component of up to ninety (90) days for 30 individuals (men and women of which three women may have a maximum of two children each) who have a co-occurring disorder. Services will include but are not limited to: monitored residential detoxification services, basic support services, onsite twenty-four (24) hour staff supervision of all clients, a 24-hour crisis intervention plan for clients in crisis and referrals to community resources to address the needs of individual clients. DBH will provide a team experienced in co-occurring disorders that includes staff that will provide mental health and psychiatric services to residents of the co-occurring disorders program and training and consultation to residential staff.

Success of this program will be measured by a reduction in hospital days and visits for the target population. Contract performance will be measured by the number of clients accepted into program, the number of clients who are successfully detoxed, the quality of the treatment program and the number of clients that complete program and graduate.

REVIEW AND APPROVAL BY OTHERS: This item has been reviewed by HSS Contracts (Lori Ciabattini, Administrative Supervisor, (909) 388-0253) on March 8, 2004; the Office of County Counsel (Charles Larkin, Deputy County Counsel, (909) 387-4177) on March 11, 2004; and the County Administrative Office (Carol Hughes, Administrative Analyst, (909) 388-0211 and Bea Valdez, Administrative Analyst, (909) 386-8145) on March 10, 2004.

FINANCIAL IMPACT: Approval of this item imposes no local County cost. All expenditures are fully reimbursed by the SAMHSA. Contract costs of \$207,900 have been included in the Department's fiscal year 2003-2004 budget. The Department will include \$ 766,500 in its budget for fiscal year 2004-2005.

Cost Reduction Review: The County Administrative Office has reviewed this agenda item and recommends approval as it will impose no local cost to the County and will result in mandated services for residents of San Bernardino County.

SUPERVISORIAL DISTRICT(S): First, Third, and Fifth

PRESENTER: Rudy Lopez, Director, Department of Behavioral Health, (909) 387-7024

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